

60 minute suggested practise session

Go through your pre shot routine before each putt.

-10 Minutes short putts, start close to the hole (within about one to two metres) and work on your stroke and tempo.

-10 minutes mid range putts (3 to 4 metres) same as above working on technique and tempo and keeping in mind the distance control is important here too.

-10 minutes long putts, now working on feel and length of stroke and putt to a few different holes or targets. You can putt to the fringe as in the warm up video.

-10 minutes circle drill.

-10 minutes ladder drill (6 tees in the ground starting from one foot away and starting again if you miss).

-10 minutes long putting ladder drill (try and beat your existing score) see video

There are other drills and games suggested in the course so mix them up and play different ones, grab your friends and challenge them too.

Google putting practise games for variety