

## **Live pitching lessons, summary**

1. Lean left (front foot) and grip down
2. Create a wide V shape on the backswing between the leading arm and club
3. Aim to brush the grass at the bottom of the ball
4. Avoid trying to scoop the ball up into the air, so keep the wrists out of it through impact and afterwards. Hit down and through the bottom of the ball.

GOOD LUCK,

Anne