

4 biggest putting mistakes

1. Wristiness: Make sure your pendulum for your putting stroke initiates at the shoulders and not the wrists. Put a spare club under your armpits to simulate a shoulder stroke.
2. Head Movement: Imagine there is a 5 cent piece underneath the ball when you putt and after you hit the putt you are going to watch the 5 cent piece.
3. Rushing: Take your time, size up your putts break and slope first before putting, you will be amazed at how this reduces your scores
4. Backswing length: If you are always long or short it could be one of the most common faults I see and that's too short a backswing length for the putt. Practise lengthening out your backswing by, say 20% and smoothing up the stroke and see if this helps your distance control

Do some practise first with these and always include some putting practise into your week to maintain it.

GOOD LUCK,

Anne