

3 tips for the nervy putter

1. Try gauging the length of your stroke from your feet and write it down. From the inside of the back foot to the inside of the front foot. Write down how far each putt goes then from the middle of each foot and then from the outside of each foot. Make notes and bear in mind the speed of the greens but this should help take some guess work out.
2. Take some time to analyse your putts and go through a short routine. Stand behind and get a feel for the line then come around and focus on the pace. This should reduce the nerves and make you feel a little more in control.
3. Try the forearm anchored grip. Elongate your putter with a little help from your pro or local golf shop and then anchor the top of the putter to the leading forearm. This is a great way to feel more secure when putting. Try it and see if you like it.

Short putts tend to be more nerve wracking than longer ones because we are expecting a result so spend more time practising your short ones until you feel more confident.

GOOD LUCK,

Anne