

### **3 steps to great irons**

1. Ball position. The ball position for a wedge is in the middle of your feet and the driver is inside the left (leading) heel. All your clubs will graduate between these two positions and there is only about 6 inches from the wedge to the driver.
2. Wrist break: You need to add wrist break on the backswing so that you hit down through the bottom of the ball through impact. Start cocking the wrists gradually on the back swing pretty much straight away as you take the club back.
3. Ball then turf: make sure you hit the ball and then the turf, this is the hitting down action. You need to take a divot or at least brush the grass fairly confidently

Go to the range and do some practise, its ideal off grass but if you can only hit off the mats then just feel the sensation of brushing the mat after connecting with the ball.

GOOD LUCK,

Anne