

3 steps to the correct distance from the ball

1. The weight should be mostly into the balls of the feet, this helps to regulate your distance away from the ball
2. Let the arms hang straight down from the shoulders, don't reach out for the ball too much.
3. You should have about one handspan from the end of the club to your nearest point when set up.

Check it in the mirror or have someone video you or take a picture and check yourself against the pros. You should look like you have a nice comfortable ready to go position similar to a tennis player receiving a shot in tennis

GOOD LUCK,

Anne