

Three best anti-topping drills

1. 3 tees drill: Place three tees in a row with the first tee representing where the ball would be and the others in a line straight towards the target about 1n inch apart. First of all have some practise swings with a 7 iron and clip all three tees. Then put a ball on the first tee and practise hitting it while still clipping the 2nd and 3rd tees too
2. Weight drill: Backswing lift back foot up and then downswing lift front foot up. Tap the front foot and then tap the back foot.
3. Chicken wing drill: Some short swings stopping on the follow through keeping the leading arm straight

GOOD LUCK,

Anne