

## How to hit your irons

1. Ball position is key. Just left of centre of stance is fine for most irons, slightly further forward for the longer irons, like the 4, 5 and 6 irons
2. Add wrist break on the backswing to help hit down onto the bottom and back of the ball
3. It's the hitting down that lifts the irons up and creates good contact and consistent strike with irons, so think ball then turf

GOOD LUCK