

What I learnt playing golf left handed

1. I was OK hitting the ball left handed but couldn't get out of the bunker.
2. I realised that I was tilting my shoulders up and down rather than turning them.
3. I tried to keep my shoulders turning on a more level turn rather than tilting.
4. It made a big difference and allowed me to take a more consistently shallow splash in the sand each time and I actually got out of the bunker having not been able to at all prior to that.
5. So if you dig too deep and cannot get out try a more level shoulder turn in your bunker shots.

GOOD LUCK