

## The perfect backswing

1. Take your set up with an iron of some sort.
2. Cock your wrists fully, right in front of you, with no turn back
3. Now using only your shoulders turn back to the top of your backswing.
4. This gives you the feel of the perfect backswing.
5. This is a drill to feel the correct position, so try and simulate this top of the backswing position while gradually incorporating the wrist when you actually hit the ball.

GOOD LUCK