

Take the elbows out of your pitching

1. Too much looseness in your elbows and arms when pitching is the cause of a lot of poor pitch shots.
2. It's important to keep the elbows firm, especially the leading one.
3. Start with the leading elbow straight and do not bend it until the ball has gone.
4. The back elbow WILL bend so focus mainly on the lead elbow and you will be fine.
5. This will allow for the club to brush the grass at the same place each time and loft the ball consistently for you.

GOOD LUCK